2017 E-Mentoring Prompts

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|  | **Mentor Prompts** | **Mentee Prompts** |
| **Week 1:** Introductions | * What is your name?
* Where do you live? Who do you live with?
* What is your profession?
* Two interesting facts about yourself
 | * What is your first name?
* What grade are you in?
* Where do you go to school?
* Where do you live? Who do you live with?
* One interesting fact about you.
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| **Week 2:** Introductions | * Over the holidays I … (family traditions, cultural traditions…)
* Do you like sports? Which ones are your favorite?
* What is your favorite thing to do in your spare time?
 | * What did you do during winter break?
* What was your favorite thing you did?
* Do you like sports?
* What is your favorite thing to do in your spare time?
* List the names of the NBA players you drafted for your team.
* How did you choose them?
* How much was your given budget? How much did you spend?
* If you chose an expensive player, explain why.
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| **Week 3:** Middle School Experience | * I went to middle school in… (describe the place/location and any other details you’d like to include)
* Something I really liked about my school was…
* If your mentee reported on the basketball players they drafted for their fantasy team, comment on or ask about their player choices and the math they used to make those decisions.
 | * My school is located in \_\_\_\_\_\_\_\_ (city).
* The hardest thing for me in school right now is \_\_\_\_\_\_\_\_\_, because…
* What was your total fantasy score for the week?
* How does your score compare with other people in your class?
* Which player on your team scored the most fantasy points?
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| **Week 4:** Middle School Experience | * My favorite class was \_\_\_\_\_\_, because…
* The hardest class for me in middle school was \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ because…
* Two things I did to make myself successful in this class were…
 | * My favorite class is \_\_\_\_\_, because…
* My hardest class right now is \_\_\_\_\_\_ because….
* Two things I do/can do to make myself successful in that class are…
* Something I accomplished recently was \_\_\_\_\_\_\_\_\_\_.
* What was your total fantasy score for the week?
* How does your score compare with other people in your class?

Which player on your team scored the most fantasy points? |
| **Week 5:** College | * Did you go to college? If so, where?
* What did you study?
* What was the most surprising thing about college for you?
* Do you have a specific memory (from college) that you can share about the way in which college has contributed to your success?
 | * Have you thought about college?
* What would you want to study? Where would you want to go?
* Why do you think college is important?
* What careers are you interested in?
* What was your total fantasy score for the week?
* How does your score compare with other people in your class?
* Which player on your team scored the most fantasy points?
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| **Week 6:**Careers | * What is your current job/career?
* How did college prepare you for your current job/career?
* How many years of school did your current job require you to have?
* What was the most important subject or class that is helping you in your current career?
 | * I think I might be interested in being a \_\_\_\_\_\_\_\_\_\_\_ because…
* Someone I admire in my life is a \_\_\_\_\_\_\_\_. They went to school for \_\_\_\_\_\_\_\_.
* Something else I want for my future self is \_\_\_\_\_\_\_\_\_\_.
* What was your total fantasy score for the week?
* How does your score compare with other people in your class?
* Which player on your team scored the most fantasy points?
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| **Week 7:**Goals | * What goals did you set for yourself in middle school? (These could be academic goals, athletic goals, college or career goals…)
* Were they short-term or long-term? Did you accomplish them?
* How do you set goals for yourself now?
* What steps do you take to ensure that you are able to achieve them?
 | * I think a goal is…
* What is an example of a goal you set in your life? Give two reasons about why it is going well or why it isn’t.
* What was your total fantasy score for the week?
* How does your score compare with other people in your class?
* Which player on your team scored the most fantasy points?
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| **Week 8:**Goals | * What is your plan for turning your goals into action? (You can use the middle school goal previously mentioned or a current goal)
	+ Is there something you do on a daily basis to track goals? Weekly?
	+ Do you use a method to track progress towards your goals?
 | * What is your plan for turning your goals into action?
	+ Is there something you do on a daily basis? Weekly?
	+ Do you use a method to track progress towards your goals?
* What was your total fantasy score for the week?
* How does your score compare with other people in your class?
* Which player on your team scored the most fantasy points?
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| **Week 9:** Perseverance | * What do you do when something interferes with the accomplishment of your goals?
* Give an example of a goal you set and something happened that made it harder to accomplish. How did you persevere?
 | * What do you do when something interferes with the accomplishment of your goals?
* Who helps you with your barriers or goals?
* What was your total fantasy score for the week?
* How does your score compare with other people in your class?
* Which player on your team scored the most fantasy points?
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| **Week 10:** Celebrations | * How do you celebrate when you achieve your goals?
* What goals have you achieved this year?
 | * How do you celebrate when you achieve your goals?
* What goals have you achieved this year?
* What was your total fantasy score for the week?
* How does your score compare with other people in your class?
* Which player on your team scored the most fantasy points?
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