2017 E-Mentoring Prompts

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|  | **Mentor Prompts** | **Mentee Prompts** |
| **Week 1:** Introductions | * What is your name? * Where do you live? Who do you live with? * What is your profession? * Two interesting facts about yourself | * What is your first name? * What grade are you in? * Where do you go to school? * Where do you live? Who do you live with? * One interesting fact about you. |
| **Week 2:** Introductions | * Over the holidays I … (family traditions, cultural traditions…) * Do you like sports? Which ones are your favorite? * What is your favorite thing to do in your spare time? | * What did you do during winter break? * What was your favorite thing you did? * Do you like sports? * What is your favorite thing to do in your spare time? * List the names of the NBA players you drafted for your team. * How did you choose them? * How much was your given budget? How much did you spend? * If you chose an expensive player, explain why. |
| **Week 3:** Middle School Experience | * I went to middle school in… (describe the place/location and any other details you’d like to include) * Something I really liked about my school was… * If your mentee reported on the basketball players they drafted for their fantasy team, comment on or ask about their player choices and the math they used to make those decisions. | * My school is located in \_\_\_\_\_\_\_\_ (city). * The hardest thing for me in school right now is \_\_\_\_\_\_\_\_\_, because… * What was your total fantasy score for the week? * How does your score compare with other people in your class? * Which player on your team scored the most fantasy points? |
| **Week 4:** Middle School Experience | * My favorite class was \_\_\_\_\_\_, because… * The hardest class for me in middle school was \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ because… * Two things I did to make myself successful in this class were… | * My favorite class is \_\_\_\_\_, because… * My hardest class right now is \_\_\_\_\_\_ because…. * Two things I do/can do to make myself successful in that class are… * Something I accomplished recently was \_\_\_\_\_\_\_\_\_\_. * What was your total fantasy score for the week? * How does your score compare with other people in your class?   Which player on your team scored the most fantasy points? |
| **Week 5:** College | * Did you go to college? If so, where? * What did you study? * What was the most surprising thing about college for you? * Do you have a specific memory (from college) that you can share about the way in which college has contributed to your success? | * Have you thought about college? * What would you want to study? Where would you want to go? * Why do you think college is important? * What careers are you interested in? * What was your total fantasy score for the week? * How does your score compare with other people in your class? * Which player on your team scored the most fantasy points? |
| **Week 6:**  Careers | * What is your current job/career? * How did college prepare you for your current job/career? * How many years of school did your current job require you to have? * What was the most important subject or class that is helping you in your current career? | * I think I might be interested in being a \_\_\_\_\_\_\_\_\_\_\_ because… * Someone I admire in my life is a \_\_\_\_\_\_\_\_. They went to school for \_\_\_\_\_\_\_\_. * Something else I want for my future self is \_\_\_\_\_\_\_\_\_\_. * What was your total fantasy score for the week? * How does your score compare with other people in your class? * Which player on your team scored the most fantasy points? |
| **Week 7:**  Goals | * What goals did you set for yourself in middle school? (These could be academic goals, athletic goals, college or career goals…) * Were they short-term or long-term? Did you accomplish them? * How do you set goals for yourself now? * What steps do you take to ensure that you are able to achieve them? | * I think a goal is… * What is an example of a goal you set in your life? Give two reasons about why it is going well or why it isn’t. * What was your total fantasy score for the week? * How does your score compare with other people in your class? * Which player on your team scored the most fantasy points? |
| **Week 8:**  Goals | * What is your plan for turning your goals into action? (You can use the middle school goal previously mentioned or a current goal)   + Is there something you do on a daily basis to track goals? Weekly?   + Do you use a method to track progress towards your goals? | * What is your plan for turning your goals into action?   + Is there something you do on a daily basis? Weekly?   + Do you use a method to track progress towards your goals? * What was your total fantasy score for the week? * How does your score compare with other people in your class? * Which player on your team scored the most fantasy points? |
| **Week 9:** Perseverance | * What do you do when something interferes with the accomplishment of your goals? * Give an example of a goal you set and something happened that made it harder to accomplish. How did you persevere? | * What do you do when something interferes with the accomplishment of your goals? * Who helps you with your barriers or goals? * What was your total fantasy score for the week? * How does your score compare with other people in your class? * Which player on your team scored the most fantasy points? |
| **Week 10:** Celebrations | * How do you celebrate when you achieve your goals? * What goals have you achieved this year? | * How do you celebrate when you achieve your goals? * What goals have you achieved this year? * What was your total fantasy score for the week? * How does your score compare with other people in your class? * Which player on your team scored the most fantasy points? |